



4J STUDIOS

4J Studios scottishathletics Senior and U17 Track and Field Championships with Parallel Success

**Saturday 13th and Sunday 14th August 2022
Aberdeen Sports Village, Linksfield Road, Aberdeen, AB24 5RU**

5 Steps to Competing

1. Pre-event – check the start list for your event time and your arrival time.
2. Declare – closes 60 minutes before your event (75 for PV). Don't be late!
3. Warm up – before reporting to the Call Room
4. Report to Call Room – You can access the indoor warm up area at any time but please do not base yourself in this area.
5. Compete!

Don't forget to collect any medals you have won before you leave! Track medallists should report to presentations immediately after their race. Field medallists will be escorted direct to presentations from the event site.

FACILITY DIAGRAM

